Montrose White Dwarf Calamint - New For 2026!

Calamintha nepeta 'Montrose White'

Plant Height: 9 inches

Flower Height: 12 inches

Spread: 15 inches

Sunlight: ○ ◐

Hardiness Zone: 4b

Description:

Tiny white flowers cover this variety throughout summer on this improved upright form; non-reseeding; an excellent choice for borders and containers

Ornamental Features

Montrose White Dwarf Calamint features dainty spikes of white trumpet-shaped flowers rising above the foliage from early summer to early fall. Its fragrant oval leaves remain green in color throughout the season.

Landscape Attributes

Montrose White Dwarf Calamint is an herbaceous perennial with an upright spreading habit of growth. Its relatively fine texture sets it apart from other garden plants with less refined foliage.

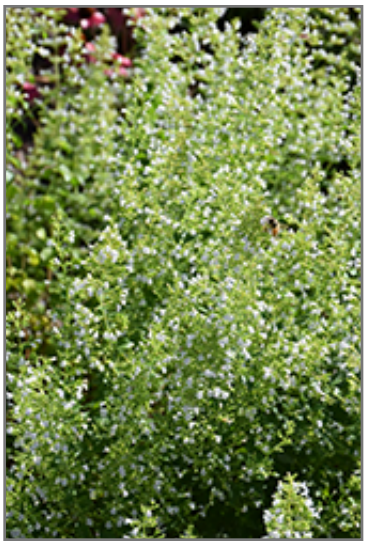
This is a relatively low maintenance plant, and is best cleaned up in early spring before it resumes active growth for the season. It is a good choice for attracting bees to your yard. It has no significant negative characteristics.

Montrose White Dwarf Calamint is recommended for the following landscape applications;

- Mass Planting
- Rock/Alpine Gardens
- Border Edging
- General Garden Use
- Herb Gardens
- Container Planting



Montrose White Dwarf Calamint in bloom
Photo courtesy of NetPS Plant Finder



Montrose White Dwarf Calamint flowers
Photo courtesy of NetPS Plant Finder

Wolf Hill Ipswich
60 Turnpike Rd (Route 1)
Ipswich, MA 01938
978-356-6342

Wolf Hill Gloucester
104 Eastern Ave
Gloucester, MA 01930
978-281-4480

Wolf Hill
Home & Garden Center

Planting & Growing

Montrose White Dwarf Calamint will grow to be about 9 inches tall at maturity extending to 12 inches tall with the flowers, with a spread of 15 inches. It grows at a medium rate, and under ideal conditions can be expected to live for approximately 10 years. As an herbaceous perennial, this plant will usually die back to the crown each winter, and will regrow from the base each spring. Be careful not to disturb the crown in late winter when it may not be readily seen!



Montrose White Dwarf Calamint in bloom
Photo courtesy of NetPS Plant Finder

This plant does best in full sun to partial shade. It prefers to grow in average to moist conditions, and shouldn't be allowed to dry out. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America. It can be propagated by division; however, as a cultivated variety, be aware that it may be subject to certain restrictions or prohibitions on propagation.

Montrose White Dwarf Calamint is a fine choice for the garden, but it is also a good selection for planting in outdoor pots and containers. It is often used as a 'filler' in the 'spiller-thriller-filler' container combination, providing a mass of flowers against which the larger thriller plants stand out. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.